

Kids Cook!

Also Hosting Adult Cooking Classes

Lets Cook! Classes!

Kitchen
Skills

July 10th

July 17th

July 31st

Aug 7th

(no class July 24th)

5:30 pm – 7:30 pm

Hands
On

**3001 Wyoming NE (Corner of
Wyoming and Constitution Place)**

**Adult
Cooking
Class**

Explore “Eating
Competence” including
navigating the grocery
store, planning meals and
eating the foods you enjoy
with variety and
moderation

Register with the WRC at
505-445-5332

For questions Contact Kids Cook!

at kidscook@kidscook.us

Space is limited!

Sponsored by

 **PRESBYTERIAN**

Center for Community Health